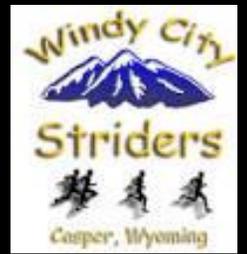


1st Quarter 2016 Member Profile

Tom and Lynn Lockhart

3/31/2016



What a treat to spend some time and break bread with Tom and Lynn Lockhart. I started to ask the usual questions - but found myself just wanting to sit and listen. What an amazing history and family life they've shared.



Tom began running and competing. As Lynn watched on - she knew she could do it too. Lynn also started their family running. They have 2 sons, 2 daughters, 10 Grandchildren and 1 Great Grandchild. They have an annual family Run - OFRA complete with T shirts and everything. They also run the Boulder Boulder as a family - Lynn received a medal in her category a couple of years ago. Tom and Lynn received a letter from their Grandson "I'm becoming my father - I've started Running!" True to the legacy that Tom and Lynn began. Lynn wanted her children to have an athletic experience in high school - she also insisted that her sons participate in drama to have well **rounded skills**.



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Tom first met Lynn in College at a Fraternity house dance. He thought she was pretty and was a pretty good dancer - although she was dancing with another cowboy.

Lynn worked for PP&L and was known as Polly Pacific - the home economist. Her co-workers teased her that a bachelor was coming to work and it was none other than Mr. Tom Lockhart. She didn't want to date Tom because his roommate was someone she was already dating. His charm must have worked - they went on their first date to Frosty's. (Even though he used bad words).

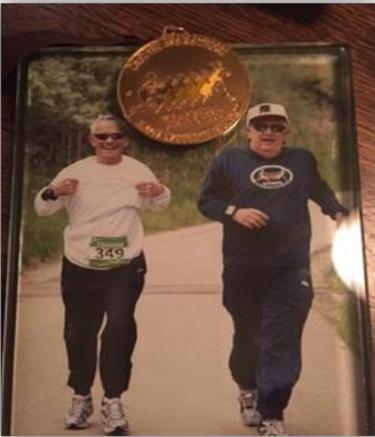
4 Months later, with a ring from Ayres Jewelers - Tom and Lynn were married.

Tom and Lynn on keeping a strong marriage.

Tom and Lynn have always made time for each other a priority. Every evening, they would begin their night spending time alone without the kids. It is important to them to connect. They respect each other's opinions even when they disagree.

They built their first house together in Casper in Red Butte Village - Lynn could be found working right alongside Tom - (even though she was pregnant, she helped get the roofing done as the rain came)

Tom ran the Casper Half Marathon with fellow runner Errol Miller (An engineers, engineer). Tom and Errol belong to their own "mutual admiration society". Lynn was also involved by helping at an aid station.



Their advice to others is that running is an opportunity to develop comrades. Running with friends makes a difference.

Lynn runs in Nike's and Tom uses whatever works when he buys them. He is loyal to Bushwells and comments how they've supported the Striders over the years.

Tom is a legislator and they both spend a lot of time in Cheyenne. Tom is the oldest in the House of Representatives and has also served the longest. Lynn comments that she never thought they'd be there this long. Lynn does her part in Campaigning. She watches the meetings and also helps spouses that are new to the political arena. She coordinates functions to answer questions and help them understand the processes.

Tom is a strong advocate for the State of Wyoming. He is on the business, Minerals and Economic Development committees. Tom didn't see a lot of young people involved and put together a team of 25-35 year olds from all walks of life, meeting them at the college or on the golf course. He would invite them to dinner and then ask - Why aren't you involved?

Tom and Lynn's accomplishments go on and on. Moving around for different high level jobs, raising their kids, being involved in the community and legislative events on a state level - and looking out for the best interest of Casper residents by attending city council meetings. I'm encouraged knowing someone like Tom is an advocate on our behalf. In spite of the current climate, Tom is optimistic about our State.

What began as a simple dinner with the intent being asking questions about running - quickly became a lesson in service, commitment and friendships.

Thank you for Sharing!

If you happen to catch up with Tom and Lynn, whether about town or using the path - be sure to stop and say hello. I have a feeling you could be invited to dinner!